

Minute-By-Minute

STUDY STRATEGIES

Studying doesn't have to be tough or lengthy. Set your timer twice daily and watch how time flies and the routine gets easier! One minute per grade level is all you need. Eighth-grade students can get away with eight minutes a day, twice daily. For tenth-grade students, it's ten minutes. Try scheduling these study sessions for the moment that you get home from school, right before dinner, or before bed. It's just that simple!

FLASHCARDS

Questions on one side, answers on the other. Ask yourself the questions and then check your answers — or read the answers and try to formulate the questions.

CATEGORIZING

Use the flashcards to organize the information by categories, put them in some kind of order, or match them up in pairs.

WORD COMBINING

Start by either writing or speaking the sentences with one vocabulary word in each, and then moving to two words per sentence, then three, etc.

SONG LYRICS

Take the lyrics of your favorite song and rewrite it to include as much of the required information you can.

PICTURE NOTES

Draw pictures of your notes on flashcards, paper, or a whiteboard, and describe them.

TALK-THROUGH

Go through your flashcards or a study guide and explain each aspect in as much detail as possible without reading from the printed information.

PICTURE WALK

Use the visuals provided in the textbook, online text, worksheets, notes, etc. to explain information either out loud or in writing, depending on your preference.

MNEMONIC DEVICES

Try rhyming or creating sayings to help you remember information, or write acronyms or sentences with the first letters of words.

ORAL VISUALIZATION

Read a portion of the notes or worksheet, close your eyes, and describe what you see in your mind.

PERSPECTIVE TALK

Talk or write about the material, pretending to be somebody or something else.

SUPERHERO LETTER

Write a letter to a superhero explaining the material and why the information should be important.